

MENU

HEALTHY SUMMER RETREAT MENU SAMPLE (PESCATARIAN)

MAIN

GARLIC BUTTER SALMON & STEAMED GREENS

SEARD TUNA WITH LEMON AND HERBS

GARLIC PRAWNS SKEWERS

SIDE

SWEET POTATO WEDGES WITH SEA SALT AND PAPRIKA

ZUCCHINI NOODLES SALAD WITH PESTO

ROASTED SUMMER VEGETABLES WITH PARSLEY AND GARLIC

MIXED GREEN SALAD WITH AVOCATO AND OLIVES

LITTLE SWEET BITES

DATE BROWNIES